

To learn more about Niika and Suzin,  
please visit:  
[www.mayashakti.com](http://www.mayashakti.com)  
[www.suzingreen.blogspot.com](http://www.suzingreen.blogspot.com)

"When we awaken to the call of beauty,  
we become aware of new ways of  
being in the world . . .  
The wonder of the Beautiful is  
its ability to surprise us.  
With swift, sheer grace, it is  
like a divine breath that  
blows the heart open."

— John O'Donohue

# The Yoga of Beauty

A Daylong Retreat for Women  
w/Niika Quistgard & Suzin Green

Sunday, July 20, 2008

11 am - 6 pm

\$125 (by July 10); \$145 (after July 10)

Peace of India Yoga Sanctuary  
603 South Third Avenue  
Highland Park, NJ 08904

*Beauty calls from the soul, drawing us  
into the peace of perfect balance.*

*Come for a day of yogic movement,  
Laksmi mantra, kirtan singing,  
wisdom teachings and  
Ayurvedic exploration.*

*Throughout our time together,  
we'll keep an eye (. . . ear, etc.!)  
on the many ways we perceive and  
are nourished by the sacred power  
of Beauty.*

To register or inquire,  
please email:  
[info@mayashakti.com](mailto:info@mayashakti.com)  
or phone:  
609-924-5584

Registration deadline:  
July 15